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 NHAHOMECentre Like

今年六月，HOME中心（油尖旺）與香港大學生會合作舉辦一場校園尋寶活動，促進跨文化交流。這項活動邀請港大學生義工與少數族裔兒童共度一天，互相學習，一起探索。對小朋友而言，活動是一次充滿有趣的大學生活體驗；而對港大學生來說，則是認識孩子、了解多元文化的寶貴機會。參加者分成兩組，在校園展開節奏明快的尋寶任務。隊伍依據線索合作尋找隱藏於大學地標中的符號與獨特標誌。當最後的謎題解開，大家才發現，真正的寶藏其實是沿途建立及加深的友誼。為這個夏天留下難忘回憶。



Job Fair Job Fair for Ethnic Minorities 2026

Our annual Job Fair for Ethnic Minorities took place on 8 August 2026, bringing together vibrant local talent and inclusive employers. We were thrilled to host eight companies spanning diverse industries, each offering valuable employment opportunities to job seekers from ethnic minority communities. The event created a dynamic space for meaningful networking, career guidance and impactful connections. Our heartfelt thanks to all participating organisations and attendees who helped make this year's fair a resounding success as we continue to foster a more inclusive workforce!



2026年少數族裔招聘會

中心一年一度的少數族裔招聘會於2026年8月8日舉行，匯聚本地人才與支持共融的僑主。我們很高興邀請到八間來自不同行業的公司參與，為少數族裔求職者提供就業機會。活動為求職者創造了交流、職業諮詢與建立聯繫的機會，感謝所有參與機構及出席人士。繼今年招聘會圓滿成功，我們將繼續努力推動更具共融性的職場。

Trendy Sports Padel Training

In addition to our community initiatives, HOME Centre (YTM) recently wrapped up our energetic Padel Training programme! Designed to promote wellness and teamwork, the programme brought together five dedicated participants across a series of 12 engaging sessions. Over the weeks, our players honed their skills, stayed active and enjoyed plenty of friendly competition on the court! A huge shoutout to everyone who participated and demonstrated fantastic sportsmanship and enthusiasm throughout the sessions.

板式網球訓練

除社區活動外，HOME中心（油尖旺）近期亦完成充滿活力的板式網球訓練計劃。課程以促進身心健康及團隊合作為目標，共有五位學員參加。為期12節，數週以來，學員提升球技，保持運動習慣，並在場上享受友誼賽。感謝各位學員全程投入，展現出色的體育精神與熱誠。



Career Training Programme Lashes Career Training

HOME Centre (YTM) conducted the Lashes Career Training (Beginner Level), a career training programme for ethnic minority youths. The programme aimed to introduce participants to the lash industry and build foundational skills through hands-on practice. Our coach demonstrated excellent versatility, engaging participants in practical sessions covering lash types and hygiene, classic application volume and hybrid techniques, and a final assessment with career guidance and certification. The supportive environment of the Centre, combined with strong coordination with Coach Sumi and individual guidance, facilitated a receptive atmosphere and encouraged active participation.

美睫職業培訓

HOME中心（油尖旺）舉辦了美睫職業培訓（初級班）。這是一項專為少數族裔青年而設的職業培訓計劃，計劃旨在向參加者介紹美睫行業，並透過實習建立基礎技能。導師展現出色的教學彈性，帶領參加者進行實務練習，內容涵蓋睫毛種類與衛生、經典嫁接、濃密及混合技法，最後一節則進行評估、職業指導及頒發證書。中心的支援環境，加上與Sumi導師的良好協調及個別指導，營造了開放接納的氣氛，鼓勵參加者積極投入。



Interactive Chinese Class Canto Class

HOME Centre (YTM) conducted the Canto class, an interactive Chinese learning programme for ethnic minority youths. The programme aimed to build participants' confidence in everyday Cantonese communication through practical, engaging sessions. Our staff demonstrated excellent versatility, engaging participants in lessons covering greetings, classroom language, movie vocabulary, Chinese characters and outing phrases, with the final session featuring a real-world movie outing to apply their learning. The welcoming environment of the Centre, combined with strong coordination with our tutor and multilingual support, facilitated a receptive atmosphere and encouraged active participation.

廣東話班

HOME中心（油尖旺）舉行了廣東話班，是為少數族裔青年而設的互動中文學習計劃。該計劃旨在透過寓教於樂的課堂，建立參加者以廣東話日常溝通的信心。本中心職員展現出高產量能力，與參加者進行交流，內容涵蓋打招呼、課堂用語、電影詞彙、中文字詞及外出用語。最後一節更以電影外出活動應用所學。中心友好的環境，加上與導師的良好協調及多語言支援，營造了一個鼓勵參與、接納度高的氛圍。



Multi-culture Dance Workshop

HOME Sub-centre (SSP) in collaboration with the To Kwa Wan Public Library, hosted a multi-culture dance workshop to introduce the public to the unique cultural characteristics of ethnic minority festivals, cuisine and clothing. The atmosphere was relaxed and lively. Participants were also taught Bollywood and Nepali dances, with ethnic minority youth demonstrating and providing segmented instruction to help beginners keep up. This programme, through music and dance, fostered a more approachable and cohesive environment while also enhancing community inclusion.

多元文化舞蹈工作坊

HOME中心（深水埗）與士瓜灣公共圖書館合作舉辦了一場多元文化舞蹈工作坊，旨在向大眾介紹少數族裔獨特的節慶、美食和服飾文化，氣氛輕鬆活躍。參加者亦學習了寶萊舞和尼泊爾舞。工作坊少數族裔青年示範並分段指導，幫助初學者跟上舞蹈節奏，透過音樂和舞蹈，活動營造了親切和諧的氛圍，同時促進社區共融。

Community Tour Visiting Cheung Chau

HOME Sub-centre (SSP) brought around 60 participants to the beautiful Cheung Chau. Our journey began early in the afternoon, with everyone boarding the ferry to enjoy scenic views of Hong Kong's skyline and the South China Sea. Once on the island, participants explored the famous Cheung Chau wet market and strolled along the bustling promenade. We provided food boxes, but some participants still indulged in local delicacies like fish balls and seafood buns, savouring authentic flavours. Afterward, there was free time for beach activities, cycling or simply relaxing by the sea. The trip aimed to foster integration and create unforgettable memories. Everyone enjoyed the blend of natural beauty, cultural charm and fun-filled adventures Cheung Chau offered. It was a truly memorable experience for all!

長洲一日遊

HOME中心（深水埗）帶著約60位來自不同背景、年齡的朋友來到長洲。午後大家登上渡輪，欣賞香港的天際線與中國南海的迷人景色。抵達後，我們先遊覽長洲街市，隨後在熱鬧的海濱長廊漫步。雖然中心已為參加者準備餐盒，但仍有不少人趁機品嚐魚丸、海鮮包等美食，接著進入自由活動。有人前往沙灘遊玩，有人騎單車，也有人在海邊放鬆身心。整趟行程不僅讓大家領略自然風光與漁村文化，也促進彼此交流，留下難忘回憶。



Mutual Support Group Ladies Pilates Class

HOME Sub-centre (SSP) held a Pilates class from June 22 to July 27, with a total of 15 ladies participating. Offering a gentle, beginner-friendly session focused on core strength, posture and relaxation in a women-only environment. The programme aim is to build strength, flexibility and wellbeing while creating a safe, supportive space for social connection and stress relief for our ladies.

女士普拉提課程

HOME中心（深水埗）於6月22日至7月27日期間舉辦女士普拉提課程，共有15位女士參與。在女性專屬環境中，提供溫和、適合初學者的課程，專注於培訓核心肌群力量、姿勢改善及促進身心放鬆。目標是提升參加者的力量、柔韌度與身心健康，同時為女士參加者營造一個安全、具支援性的空間，促進社交聯繫及舒緩壓力。



Career Training Professional Training in Flight Attendant (Introduction Level)

HOME Centre (YTM) and HOME Sub-centre (SSP) successfully concluded a four-session flight attendant career training programme, empowering 24 young learners with the tools to enter the aviation industry. Recognizing that graduates often face barriers like limited industry knowledge, lack of practical skills and minimal professional networks, this initiative provided structured, industry-aligned training to bridge the gap. By fostering clarity, competence and confidence, the programme delivered invaluable early exposure and practical insights, effectively preparing participants to navigate competitive airline recruitment processes and achieve long-term career success.

機艙服務員專業培訓課程（初階）

HOME中心（油尖旺）與HOME中心（深水埗）合辦之「機艙服務員專業培訓課程——初階」圓滿結束。本活動共設四節課堂，成功為24位青年學員提供投身航空業的實用知識與技能。鑑於不少畢業生普遍缺乏行業資訊、實戰技巧及專業人脈，以致在投考過程中面臨種種限制，本活動特意透過系統化且符合業界標準的培訓來填補相關缺口。課程全面提升學員的方向感、專業能力與自信心，協助他們及早了解行業運作並掌握寶貴的實戰經驗，為應對航空公司激烈的招聘程序及長遠的事業發展奠定堅實基礎。



Youth Network ChinaTour - One Day China Tour in Zhuhai

In alignment with the Policy Address's strategic emphasis on national education and ethnic minorities' integration into the community, HOME Centre (YTM) and HOME Sub-centre (SSP) jointly and successfully executed a comprehensive youth development initiative that brought a total of 40 ethnic minority youths to Zhuhai across two structured exchange day tours in late August 2026. Implemented to counter narrow media portrayals and broaden participants' exposure to the Chinese Mainland, the project integrated two pre-tour orientation sessions and one post-tour reflective workshop alongside guided cultural excursions and peer-to-peer exchanges. This rigorous framework successfully deepened the participants' understanding of the Mainland's history, culture and core values, effectively bridging cultural barriers while fostering enduring cross-border friendships and a heightened sense of national belonging.

內地交流團：珠海一日遊

為配合《施政報告》對國民教育及少數族裔融入社區的策略性方針，HOME中心（油尖旺）與HOME中心（深水埗）攜手合作，成功推行了一項全面的青年發展活動，組織了兩次系統化的三日交流團，帶領合共40位少數族裔青年前往珠海考察。針對部分青年因受媒體報導影響而對內地缺乏客觀認識的問題，本活動除了安排兩場預遊交流活動外，還特別編排了兩場後遊反思工作坊。此系列系統化的培育安排，成功加深了青年參訪者對內地歷史、文化及核心價值的認識，在有效打破文化隔閡的同時，亦建立了長遠的跨境友誼，並顯著提升了他們的國家歸屬感。



Youth Network Youth Challenge Day - Girls Boat Adventure

In late August 2026, HOME Centre (YTM) and HOME Sub-centre (SSP) successfully co-organized a water-oriented Youth Challenge Day programme, delivering high-impact resilience and adventure training to a total of 28 young participants. Designed to foster personal growth, leadership and adaptive skills—with a particular focus on empowering teenage girls—the initiative utilized a chartered adventure boat to place participants from diverse backgrounds in a dynamic, challenging maritime environment. By encouraging ethnic minority youth to step beyond their comfort zones and confront structured wilderness obstacles, the project effectively enhanced team cohesion, cross-cultural collaboration and individual resilience, equipping them with essential life skills for future development.

青年挑戰日：少女海上歷奇

HOME中心（油尖旺）與HOME中心（深水埗）於2026年8月下旬成功合辦了一項以水上活動為主體的「青年挑戰日」，為合共28名青年學員提供高效能的抗挫力及團隊合作。是項活動旨在培育青少年的個人成長、領導才能及適應能力；特別著重賦能青少年少女。活動透過船隻，將來自不同背景的青年置於充滿挑戰性的海上環境中，活動刻意鼓勵他們走出舒適圈，勇敢面對野外障礙挑戰，從而提升團隊凝聚力、跨文化協作能力以及個人抗挫力，為他們日後的長遠發展裝備核心生命技能。

HOME Volunteer Service Cultural Bridge Home Connect

In August this year, HOME Centre (YTM) again collaborated with the Land Registry Volunteer Team to visit local ethnic minority families. This year, we focused on visiting elderly residents. Over ten volunteers were split into five groups to visit ten households with seniors. In addition to giving out gift packs tailored for the elderly, the main goal was to share care and warmth with them. Through these visits, volunteers also gained deeper insights into the daily lives and cultures of ethnic minorities, helping to promote racial harmony.

HOME義工服務 文化橋樑·家連心

今年8月，HOME中心（油尖旺）再與土地註冊處義工隊合作，探訪區內少數族裔家庭。今年我們集中探訪長者，共計多名義工分成五組，分別探訪了10戶有長者的家庭，除了贈送貼合長者需要的禮物外，更重要的是向他們傳達關懷，透過探訪，義工有機會深入了解少數族裔的日常生沽及文化，促進種族融和。

EM Care Team Touching Stories

EM Care Team (SSP) helped a 45-year-old Nepalese construction worker, with severe diabetes and his family, who live in a small, overcrowded flat. He had stopped attending his medical appointments at the public clinic. This was because his work hours changed frequently, he was unable to communicate with hospital staff in the local language and he mistakenly believed that herbal medicine could replace his prescription drugs. His wife, who speaks neither English nor Cantonese, felt completely isolated at home and unable to manage daily chores or schedule doctor visits for their young children.

With the help of a Nepalese-speaking volunteer, we explained to him and his family the nature of diabetes and the importance of taking prescribed medication while addressing the dangers of relying solely on herbal remedies. We also assisted to download the public hospital app (HA Go) onto their phones and taught them through its use including how to reschedule appointments to match his changing work hours and how to request interpretation services at the hospital. Furthermore, we introduced the wife to HOME Centre's programmes, through which she learned how to shop at local food markets, use public transport, and take her children to clinics. Now, he has resumed regular check-ups at the public clinic and is taking his medication as prescribed. His blood sugar level is now safe and stable.

少數族裔關懷團隊 感心小故事

深水埗少數族裔關懷團隊協助了一名患有嚴重糖尿病的45歲尼泊爾籍建築工人及其家庭。他們一家是居住在一個狹小擁擠的單位內。由於工作時間經常變動，亦無法以本地語言與醫院職員溝通，加上他誤以為中草藥可以取代處方藥物，他早前曾停止到公立診所覆診。他的妻子則完全不識英語或廣東話，因而感到孤立無援，亦無法處理日常家務或為年幼子女預約求診。

關懷團隊安排懂尼泊爾語的義工到訪這戶家庭，向他們解釋糖尿病的病理，以及按處方服藥的重要性，同時講解單靠中草藥治癒的風險。我們亦協助他們在手機安裝公立醫院應用程式（HA Go），並指導他們使用有關程式，包括如何配合他的工作輪班時間更改診症日期，以及如何向醫院要求翻譯服務。此外，我們亦向其妻子介紹HOME中心的活動，讓她透過參與有關活動，得知如何到本地衛生局申請、乘搭公共交通工具，以及帶同子女到診所求診。現在，他已恢復定期到公立診所覆診，並按處方指示服藥，血糖水平已維持在安全及穩定的範圍內。

HOME Health Team Eye Check-up Service Day

HOME Sub-centre (SSP) held an eye check-up activity for over 20 participants on 17 June 2026. The programme included basic eye checks carried out by optometrists, covering the identification of short-sightedness, long-sightedness, astigmatism and presbyopia. Participants were also advised on when to seek further diagnosis at an eye hospital or clinic if a more detailed assessment was needed. In addition, an optical selection session was included to assist participants in choosing suitable glasses addressing common vision correction needs and better supporting them in managing their eye conditions.

HOME健康隊 眼眼服務日

HOME中心（深水埗）於2026年6月17日舉辦了一場驗眼活動，共有20多名參加者出席。活動內容包括視光師為參加者進行各項基礎眼部檢查，涵蓋近視與辨識近視、遠視、散光及老花眼。若參加者檢查結果顯示需要更深入評估，視光師也會提供相關建議，讓參加者及早決定是否前往專業驗眼中心作進一步驗眼。此外，活動還設有眼鏡選配環節，協助參加者選擇合適的眼鏡，以應對常見的視力矯正需要，並更好地管理眼健康問題。

